Meeting Guidelines

- 1. I will be honest with you.
- 2. I will disagree openly improving relationships demands accuracy not agreement.
- 3. I will be receptive to giving and receiving constructive and critical feedback.
- 4. I will not interrupt.
- 5. I will have respect and compassion for your interests as well as mine.
- 6. I will begin my statements with "I".
- 7. I will take responsibility for my thoughts and feelings.
- 8. I will listen attentively.
- 9. I will check out what I am hearing so that we can work on shared meaning.
- 10.I will treat your time with respect and dignity.